What do I need to know about Safer Internet Day?

What is Safer Internet Day?

Safer Internet Day is on 9th February 2021. It's celebrated across the globe in over 170 countries, with thousands of young people joining in across the UK to explore how they can use the internet responsibly, respectfully, critically and creatively.

Safer Internet Day is a great opportunity to focus on online safety with your child – whether that's trying out some of the learning activities in this pack, asking about what they like to do online or using their favourite app or game with them. You could support the day on social media, tell other friends and family about the day, or ask your child for their best tips for staying safe online. Find out more here: **saferinternetday.org.uk**.

The theme for Safer Internet Day 2021 is...

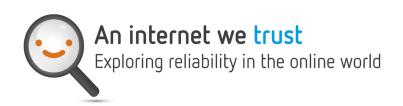### An internet we trust
Exploring reliability in the online world

This year in the UK, Safer Internet Day explores reliability online. The campaign will focus on knowing what to trust online and the strategies that young people use to question, challenge and change the online world. The internet has an amazing range of information and opportunities online, and can help us see the world from different points of view. But how do we separate fact from fiction, the genuine from the misleading? How do we decide what to believe online, and what's the impact of dealing with fake content and experiences?

Join us this Safer Internet Day in helping to create an internet we can trust.

1

#SaferInternetDay
www.saferinternetday.org.uk

Parents and Carers Pack
What do I need to know about Safer Internet Day?

An internet we trust
Exploring reliability in the online world

How do I use this pack?

This pack for parents and carers includes information and activities to help you support your child in using the internet positively and safely.

This pack contains:

Conversation starters	Helpful questions and phrases to start a conversation with your child about staying safe online.
Family online safety plan	A plan to help your family shape the way you will use the internet and technology safely, responsibly and positively.
Family activities	Fun activities that you can do with children of all ages to explore trust and reliability online.
Show your support	Tips on how you can support Safer Internet Day both online and offline.
Parents' resource sheet	Useful sources of advice and information online, including how to report online problems.
What to trust online? A parents' guide	How to check the reliability of online content, and how to support your child to do the same. Includes a glossary of key words.

Have any questions?

To learn more about Safer Internet Day, what is happening in the build up to the day or the work of the UK Safer Internet Centre:

Find us on social media:

- Instagram: **@UK_SIC**
- Facebook: **saferinternetuk**
- Twitter: **@UK_SIC**
- YouTube: **UKSIC**

Join in the conversation on social media with the hashtags **#SaferInternetDay** and **#AnInternetWeTrust**

Visit our website:
saferinternetday.org.uk

Email us:
SID@saferinternet.org.uk

Sign up to our free monthly newsletter:
bit.ly/UKSICNewsletter

Parents and Carers Pack
What do I need to know about Safer Internet Day?