

All Saints PSHE Curriculum Map

Autumn 1

SCARF Topic	Wks(6)	Nur	Rec	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
PSHE Association Mental Health and Wellbeing Lessons	1	Lesson 1 - Recognising feelings: identifying feeling words	Lesson 1 - Recognising feelings: identifying feeling words	Lesson 1 - Recognising feelings: identifying feeling words	Lesson 1 - Recognising feelings: identifying feeling words	Lesson 4 - Recognising feelings: Facial Bingo	Lesson 4 - Recognising feelings: Facial Bingo	Lesson 6 - Gauging our Feelings	Lesson 6 - Gauging our Feelings
	2	<i>Protective Behaviours Network hand work</i>	<i>Protective Behaviours Network hand work</i>	<i>Protective Behaviours Network hand work</i>	<i>Protective Behaviours Network hand work</i>	<i>Protective Behaviours Network hand work</i>	<i>Protective Behaviours Network hand work</i>	<i>Protective Behaviours Network hand work</i>	<i>Protective Behaviours Network hand work</i>
	3	Values Activities	Values Activities	Values work - Love	Values work - Kindness	Values work - Kindness	Values work - Resilience	Values work - Resilience	Values work - Understanding
	4	Lesson 2 - Recognising feelings words, 'big feelings' and expressions	Lesson 2 - Recognising feelings words, 'big feelings' and expressions	Lesson 2 - Recognising feelings words, 'big feelings' and expressions	Protective Behaviours Day	Lesson 4 - Recognising feelings: Facial Bingo	Protective Behaviours Day	Lesson 7 – Developing Coping Strategies (1)	Lesson 7 – Developing Coping Strategies (1)
	5	Lesson 3 - Recognising feelings: hearing, drawing and being	Lesson 3 - Recognising feelings: hearing, drawing and being	Lesson 3 - Recognising feelings: hearing, drawing and being	Lesson 3 - Recognising feelings: hearing, drawing and being	Lesson 5 - Understanding Feelings: Body feelings	Lesson 5 - Understanding Feelings: Body feelings	Lesson 8 - Developing Coping Strategies (2)	Lesson 8 - Developing Coping Strategies (2)
	6	Finishing off recognising feelings work	Finishing off recognising feelings work	Finishing off recognising feelings work	Finishing off recognising feelings work	Lesson 5 - Understanding Feelings: Body feelings	Lesson 5 - Understanding Feelings: Body feelings	Lesson 9 - Developing Coping Strategies (3)	Lesson 9 - Developing Coping Strategies (3)

Autumn 2

SCARF Topic	Weeks (7)	Nur	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Valuing Differences	1	Me and My Friends	I'm special, you're special	Same or different?	What makes us who we are?	Family and friends LBGT+	Islands	Qualities of friendship	Respecting differences
	2	Me and My Friends	Same and different	Unkind, tease or bully?	How do we make others feel?	My community	Friend or acquaintance?	Kind conversations	We have more in common than not
	3	Friends and Family	Same and different families	Harold's school rules	My special people	Respect and challenge	What would I do?	Happy being me	Tolerance and respect for others
	4	Friends and Family	Same and different homes	Who are our special people?	When someone is feeling left out	Our friends and neighbours	The people we share our world with	Show Racism the Red Card	Boys will be boys? -
	5 -	Including Everyone		Good friends ✖	Let's all be happy! ✖	Friends are special ✖	Can you sort it? ✖	Our emotional needs ✖	Behave yourself ✖
	6	Including Everyone	Kind and caring	It's not fair!	An act of kindness	Let's celebrate our differences	That is such a stereotype!	Being assertive ✖	Don't force me
	7		Kind and caring (2)		Solve the problem	Zeb	Together	Is it true?	

Spring 1

SCARF Topic	Weeks (6)	<u>Nur</u>	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Rights and Responsibilities	1	Looking after myself	<u>Looking after my special people</u>	Harold's wash and brush up	Getting on with others	Our helpful volunteers	It's your right	What's the story?	Two sides to every story
	2	Looking after others	<u>Looking after my friends</u>	<u>Around and about the school</u>	When I feel like erupting	Helping each other to stay safe	In the news!	Fact or opinion?	<u>Fakebook</u> friends
	3	Looking after my environment	<u>Being helpful at home and caring for our classroom</u>	Taking care of something	Feeling safe	Recount task	How do we make a difference?	Rights, responsibilities and duties	-What's it worth? -Jobs and taxes -Happy shoppers
	4		<u>Caring for our world</u>	Harold's money	How can we look after our environment?	Harold's environment project	Safety in numbers	Mo makes a difference	Action stations!
	5		<u>Looking after money (1): recognising, spending, using</u>	How should we look after our money?	Harold saves for something special	Can Harold afford it?	Logo quiz	Spending wisely	Project Pitch (parts 1 & 2)
	6		<u>Looking after money (2): saving money and keeping it safe</u>		Harold goes camping	Earning money	- Harold's - expenses - Why pay taxes?	Lend us a fiver!	- Democracy in Britain 1 - Elections - Democracy in Britain 2 - How (most) laws are made

Spring 2

SCARF Topic	Weeks (6)	Nur	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Being My Best	1	<u>What does my body need?</u>	<u>Bouncing back when things go wrong</u>	I can eat a rainbow ✖	My day	Derek <u>cooks</u> dinner! (healthy eating)	What makes me <u>ME!</u> ✖	Getting fit ✖	Five Ways to Wellbeing project
	2	<u>I can keep trying</u>	<u>Yes, I can!</u>	Eat well	Harold's postcard - helping us to keep clean and healthy	Poorly Harold	Making choices ✖	It all adds up! ✖	This will be your life! ✖
	3	<u>I can do it!</u>	<u>Healthy eating (1)</u>	Catch it! Bin it! Kill it!	Harold's bathroom	For or against?	SCARF Hotel ✖	Different skills	Our recommendations
	4		<u>Healthy eating (2)</u>	Pass on the praise!	My body needs... ✖	I am fantastic!	Harold's Seven <u>Rs</u>	My school community (2)	What's the risk? (1) ✖
	5		<u>Move your body</u>	Harold has a bad day	What does my body do? ✖	Getting on with your nerves! ✖	My school community (1)	Independence and responsibility	What's the risk? (2)
	6		<u>A good night's sleep</u>			Top talents ✖		Star qualities?	

Summer 1

SCARF Topic	Weeks (5)	Nur	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Growing and Changing Includes Relationship Education, bereavement	1	Coming soon! Six half-termly plans on this theme. Click here for details..	Seasons	Inside my wonderful body! ✖	A helping hand	Relationship Tree	Moving house	How are they feeling? Taking notice of our feelings	Helpful or unhelpful? Managing change
	2		Life stages - plants, animals, humans	Taking care of a baby	Sam moves house	Body space	My feelings are all over the place!	Changing bodies and feelings	I look great! Media manipulation
	3		Life Stages: Human life stage - who will I be?	Then and now	Haven't you grown!	Secret or surprise?	All change!	Growing up and changing bodies	Is this normal?
	4		Where do babies come from?	Where do babies come from?	Where do babies come from?	Where do babies come from?	My changing body	Help! I'm a teenager - get me out of here! Period positive	Making babies
	5		Getting bigger	Surprises and secrets	Respecting privacy	My special pet	Period positive	Stop, start, stereotypes	What is HIV?
	6		Me and my body - girls and boys	Keeping privates private	My body, your body	Basic first aid https://lifeliveit.r edcross.org.uk/en/Help-save-lives	Secret or surprise?	It could happen to anyone	Dear Ash

Summer 2

SCARF Topic	Weeks (7)	<u>Nur</u>	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Keeping Myself Safe	1	<u>Coming soon!</u> Six half-termly plans on this theme. Click here for details...	What's safe to go onto my body	Healthy me ✖	Harold's picnic ✖	- Safe or unsafe? - The Risk Robot - Danger or risk?	Danger, risk or hazard?	- Ella's diary dilemma - Decision dilemmas	- Think before you click! - Traffic lights
	2		Keeping Myself Safe - medicines	Super sleep ✖	How safe would you feel?	Help or harm? ✖	Medicines: check the label ✖	Drugs: true or false? ✖	To share or not to share?
	3		Safe indoors and outdoors	Who can help? (1)	What should Harold say?	Raisin challenge (1)	How dare you!	Would you risk it? ✖	Acting appropriately
	4		Listening to my feelings (1)	Harold loses Geoffrey	I don't like that!	Alcohol and cigarettes: the facts ✖	Know the norms (formerly Tell Mark II) ✖	' <u>Thinking</u> ' about habits	Rat Park
	5		Keeping safe online	What could Harold do? ✖	Fun or not?	Super Searcher	Picture Wise	Spot bullying	It's a puzzle
	6		People who help to keep me safe	Good or bad touches? NSPCC PANTS	Should I tell?	None of your business!	Keeping ourselves safe	Smoking: what is normal? ✖	What sort of drug is...? or Drugs: it's the law! ✖