



Family activities



Here you'll find fun and engaging activities that parents and carers can do with children of all ages to support this year's Safer Internet Day theme: **'An internet we trust: exploring reliability in the online world.**'

Work through these activities together to help your child question what they see online and make sense of the digital world. Find more activities to run with different ages in the Safer Internet Day Education Packs: <u>saferinternet.org.uk/safer-internet-day/2021</u>

All ages





Family Agreement

A family agreement is a great way to start a conversation about how your family uses the internet. As well as the online safety agreement in the Parents and Carers Pack, you can find a more detailed version here: childnet.com/resources/family-agreement.

Safer Internet Day Films

Our Safer Internet Day films provide a great way to start a discussion with your child about how the internet makes them feel and what tips they have about finding reliable information online. There are different videos aimed at younger and older children here: <u>saferinternet.org.uk/films</u>.



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Parents and Carers Pack





An internet we <mark>trust</mark>



Ages 3-7





Top Tips for searching online

Discuss with your child: How do you stay safe when searching for something online?

You could write their suggestions down or just keep it as a discussion.

Read the story 'Detective Digiduck!' here: childnet.com/detective-digiduck.



Discuss together what Wise_Owl tells Digiduck to do when they are feeling unsure about something online.

Work with your child to create a 'Top Tips for Searching Online' poster, using Wise_Owl's advice from the story. Your child could put Wise_Owl's advice into a song or poem and record this to create a video to show other family members!

Smartie the Penguin story

Read the Smartie the Penguin story that includes unreliable information here: childnet.com/resources/smartie-the-penguin

Join in with Mummy Penguin's song and follow the adventures of Smartie the Penguin as he learns how to be safe on the internet.



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Ages 7-11





Internet Detectives

Print the 'Detective' sheet below or ask your child to design their own version.

Work with your child to become a detective to see how many of the activities they can complete on their card. When your child experiences or carries out an online action on the sheet, they can cross it off/colour it in.



Childnet Primary Pages

Work through this series of interactive quizzes with your child to help you talk about how to stay safe online and what to do if things go wrong. Aimed at children aged 8-12, the quizzes include topics such as online gaming, social media and sharing things online:

childnet.com/young-people/primary/get-answers.

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Ages 7-11



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Childnet SMART Video Lessons

Watch this series of 6 mini video lessons hosted by the Childnet Education Team together with your child. You'll be guided through activities and discussions about different online safety topics. The sessions are aimed at children aged 6-9 and can be found here: childnet.com/resources/video-lessons.

Ages 11-14

Search and You Shall Find

Discuss with your child how reliable online searches are. Online searches have improved a lot since they first started, and your device will use what it knows about you and your interests to show what it thinks are the best results for you.

By comparing the same search, will you and your child see variations or differences in the search results?

To test this out, agree on one search engine to use like Bing, Google or Duck Duck Go.

Try out the same search terms such as: 'world's fastest animal,' 'jeans,' 'TV shows,' or 'music.'

Compare what your device and your child's device show you. Look for adverts or websites that come high in the search results or appear on the page too. This could be an opportunity to review any parental controls or filters on your home internet connection too.



Review what you found. How well do vour devices know you? What does this tell us about the trustworthiness of online information?

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Ages 11-14

Childnet Secondary Hub

Explore the Secondary Advice Hub with your child, showing them the advice and information about different online safety topics. Use this as a conversation starter to ask them about their online life and let them know they can also come to you with any questions: <u>childnet.com/young-people/secondary</u>.

Ages 14-18

Screenshot It

Ask your teen to screenshot three things that they have seen online that were suspicious or unreliable. This could be done over a week or just a day. You could do the same and compare with your child later.

Together, review the three examples you both find.

Discuss where, when, and how you came across your examples. How does your child feel about seeing this content online? Do they ever do anything about it and how does it make them feel? Find out how to report different types of unreliable or inappropriate content or contact here: childnet.com/resources/how-to-make-a-report.

Be a role model

Why not ask your teen to help you, or their younger siblings, to spot the signs of unreliable information online? They no doubt have some online wisdom to share. Ask them where they go for reliable information, and if there are different things that should be checked on different platforms. For example, does untrustworthy information look the same on Twitter versus TikTok?

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Parents and Carers Pack Family activities







